

2022 - 2023
PROSPECTUS



PESHAWAR MEDICAL COLLEGE **PESHAWAR DENTAL COLLEGE** & **RUFAIDAH NURSING COLLEGE**

Educational Projects of
PRIME FOUNDATION



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

المؤمنون 115

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ

کیا تم نے یہ سمجھ رکھا ہے کہ ہم نے تمہیں بے مقصد (فضول) پیدا کیا ہے اور کیا تمہیں ہماری طرف پلٹنا ہی نہیں؟



MISSION STATEMENT

Excellence in professional competence and ethical values

OUR SLOGAN

"Come with commitment, grow with wisdom and leave with professional and ethical competence for a bright future".

We believe in creating your tomorrow today.

EDUCATIONAL OUTCOMES

Provide just, equitable and ethically driven healthcare to the community for common illnesses, including preventive and therapeutic services.

Communicate effectively with patients, their care givers, colleagues and other health personnel.

Contribute maximally to the advancement of biomedical research and development of evidence-based healthcare interventions.

Demonstrate effective team work in healthcare provision

Employ critical and reflective thinking, life-long learning and self-accountability for their continuing personal and professional development.

Model exemplary moral conduct and be a mentor for junior colleagues and students.

Prove to be a socially responsible, honest, respectable and patriotic citizen.



A Schematic Representation of the Model of Medical Education at PMC





Recognitions



Permanently recognized
by PM&DC



Approved by the Federal
Government, Ministry of Health,
Islamabad



Recognized by Higher Education
Regulatory Authority (HERA)



Affiliated with
Riphah International University,
Islamabad



Recognized to PLAB Exam



Recognized by College of
Physicians & Surgeons Pakistan
for FCPS-II Training



Enlisted With WHO



Access to Digital Library of HEC



Recognized to USMLE



Coordination / Working Partners



United Nations International
Children's Emergency Fund
(UNICEF)



World Health Organization (WHO)



International Development
and Relief Foundation, Canada



Aga Khan University, Karachi



MoU with Universitas Yarsi
Jakarta, Indonesia



Enlisted with FIMA's Consortium
of Islamic Medical Colleges
(CIMCO)



Gesellschaft für Internationale
Zusammenarbeit, Germany



Canadian International
Development Agency,
Canada (CIDA)



International Islamic Charity
Organization, Kuwait (IICO)



MoU with Cyberjaya University College of
Medical Sciences, Malaysia



Pakistan Islamic Medical
Association, Pakistan (PIMA)



Al Khidmat Foundation
Pakistan



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Message of the

CHAIRMAN

PRIME FOUNDATION PAKSITAN

Dear Student,

On behalf of the Prime Foundation Pakistan, I extend gratitude for showing your interest in our Programs. The Foundation is not owned by an individual but is run by a dedicated Board of Directors. Our mission statement "Excellence in professional competence and ethical values", can only be achieved through gaining essential knowledge and skills in the respective fields, as well as focusing on character and values. Therefore, the institutes of the foundation actively seek to adopt the latest teaching and training techniques, that include integrated curriculum, and promoting and facilitating research, in order to develop well educated and ethical professionals who can become a useful part of national and global work force. Prime Foundation was established to shape the society by producing future leaders with requisite skills and an attitude of life-long learning through the knowledge-centered culture provided at our campuses with experienced faculty members geared to provide a world-class, well-balanced, and challenging learning environment to produce exceptional professionals in line with tomorrow's technology. Therefore, the institutes of Prime Foundation inspire students to play their role in the provision of healthcare on a national as well as global level which is evident from the achievements of our students, and our alumni are a living proof of our approach to education in finding a fulfilling career and a meaningful life at both professional and spiritual levels.

The institutes of Prime Foundation are meticulously focusing on creativity and research, in order to stay in-touch with the continuous developments taking place globally, to provide an advantage to our students in establishing their practices which will prepare them for the various challenges.

We look forward to supporting our students' personal and professional growth and invite you to join us in our efforts to improve the state of affairs at the level of the local community, the nation, and ultimately the ummah: and in this context, the future step is to develop a world-class university to take our mission further.

Dr. Asfandiyar

MBBS

MCPS, MRCGP

M.M.Sc (Med Edu)

Message of the

ADVISOR HEALTH & EDUCATION

PRIME FOUNDATION PAKISTAN

I take this opportunity to admire all the students in making the best use of their capacities during the challenging times and making it through the tough selection process against all odds and securing admission in the institutes of Prime Foundation Pakistan, which I promise are one of the best educational institutes of Pakistan. Congratulation!!! The educational institutes of Prime Foundation Pakistan stand by "Excellence in Professional Competence and Ethical Values" as a mission statement and ensure throughout the course of studies and practice that the students and faculties of Prime Foundation Pakistan do not only remain matchless in their academic accomplishments and careers but also advance with self and social awareness in real-time. By employing contemporary teaching techniques, courtesy a very well-developed department of medical education, and through using state of the art training facilities, the goal of engaging in and even introducing technology-based modern approaches in dealing with the health problems of the future as well as the present day, is achieved. Our programs prepare the students to become outstanding doctors with the intellectual intensity and moral depth imperative to meet the challenges of a rapidly advancing world. I am extremely proud to be a part of the rich tradition of providing practical, experience-based medical education that Prime Foundation has upheld through its educational institutes since its inception. All indicators of success are proliferating, be it undergraduate enrollment and achievement, or graduate education and research, faculty success in garnering research, and recognition of excellence through awards to our students and faculty. As front runners health care providers and educationists, the knowledge and research contributions of our faculty continue to drive change both at the university and on national level.

Our highest priority is to prepare the next generation of competent doctors that run the front of solving global health issues, with providing the training our students need to participate and transcend in the work force. We value your suggestions.

I would like to graciously welcome all of you who are interested in enriching your careers and invite you to explore the institution and encourage you to take part with us in shaping the future of healthcare and provide best affordable possible services to our public.

Prof. Dr. Najib Ul Haq

MBBS, MRCP, FRCP, FRCP, MACG, MCPS

Message of the

DEAN

FACULTY OF MEDICAL SCIENCES

Dear Students,

It's my privileged honor to introduce to you the various institutions of Prime Foundation, including Peshawar Medical College, Peshawar Dental College, Ruffaidah Nursing College, Department of Post Graduate Health Professional Education and Prime Institute of Public Health. All these institutions are established with the clear vision and mission of uplifting the professional and ethical standards of health care workers in our country, which will ultimately lead to a rise in the standards of health care for the people of Pakistan. Our country desperately needs to address the level of health care available in less privileged cities and rural areas. Prime Foundation is determined to produce doctors, nurses and paramedics who are:

- | | |
|---|--|
| 1. Professionally competent | 5. Well versed in IT and latest health technologies |
| 2. Excellent in ethical values and practice | 6. Capacitated to successfully meet the global health challenges |
| 3. Cognizant of community health needs | 7. Able to place themselves at national and international levels in highly competitive environment |
| 4. Research oriented | |

At the organizational level, we are trying our best to achieve the above mentioned goals by bringing together the best possible human resource in the fields of academics, health care and administration. We have tried to provide the best possible environment of living and learning, conducive for achieving these high goals. We have developed a hybrid system based integrated modular curriculum in line with international standards within the framework of Pakistan Medical Commission.

We believe in discipline within a participatory and friendly learning environment which enables healthy growth of innovative ideas, leading to the achievement of noble objectives. We believe that you are the real asset for the nation and therefore have developed a comprehensive Human Development Based (Hu De Ba) research curriculum in line with PMC guideline. The curriculum is tailored for your holistic personnel growth including professional and ethical development.

We place great emphasis on co-curricular activities for this holistic development.

Welcome you warmly to our institution where you can "Enter to grow in Wisdom"

Prof. Dr. Hafeez-ur-Rehman

FCPS (Ophth), ICO, ADHPE (AKU)

Message of the

PRINCIPAL

PESHAWAR MEDICAL COLLEGE

The population of Pakistan has increased to more than 211 million in 2019. The proportion of population 0-4 year is 12.1%. The proportion of population 5-14 years is 22.1% (Economic survey 2019 2020). The stunting was reported in 40.2% of Children under 5 and exclusive breast feeding was in 48% of children.

The people are faced with the triple burden of diseases, infection/nutritional diseases, non-communicable (life style diseases) and injuries (both interpersonal conflicts and road traffic accidents). The allocation and utilization of funds for health and education is faced with many issues at both policy level and implementation levels. This has led to miseries and sufferings for the people who become ill and need the attention of medical care providers available in public / NGO sector and / or private sector throughout KP as well as the newly merged districts from FATA. For the majority of the people of KP there are difficulties in the availability, accessibility, affordability of healthcare services and health education. Many of the people using the services at secondary and tertiary healthcare levels are faced with the issue of quality and cost. Due to poverty the out of pocket healthcare expenditure by poor segment of society is a big problem. In order to lower the healthcare financial burden of community. The provincial Government claims the introduction of Health Care Cards for 100% of the population.

It is most important for our undergraduate students to be aware of all aspects of disease, health and healthcare. It will help them in diagnosing the diseases in people presenting to them with a particular condition. While managing the patient as outdoor patient or admissions inside the hospital. In order to minimize the burden on our healthcare facilities our Medical Graduate need to know the criteria of hospital admissions and should be able to decide when a patient can be easily managed at home with appropriate instructions and Health education. I hope and pray that our graduates will In Sha Allah be giving back to society what they learn here. Our aim is to provide healthcare leaders with best management and communication skills as well as having a caring, empathetic and God fearing attitude while performing their duties as doctors, community leaders and care givers to their families. This will not only add to the growth of the individuals as student of PMC but also the growth of our institutes, community and nation at large.

Prof. Dr. Mohammad Aman Khan

MBBS, MCPS (Ophthalmology)

DOMS, Diploma & M.Phil

Community Eye Health Sciences

Message of the

PRINCIPAL

PESHAWAR DENTAL COLLEGE

Dear Students,

It's a moment of great pride and honor for you and your family that you got an opportunity to be admitted at highly remarkable dental college of the province heaving excellent faculty and infrastructure.

At Peshawar Dental College from the day one you will be exposed to the research environment which is the need of the day. At the college premises you will come across friendly, polite and encouraging faculty and staff.

You will be trained in the field of dentistry along with your social brought up in the limits of Islamic traditions. This will depend upon your learning skills to avail this opportunity to mould yourself to become highly talented dental graduate for the service of humanity.

I wish you good luck for your bright future.

Prof. Dr. Shamim Akhtar

BDS, MSc (Periodontology) London

Message of the

PRINCIPAL

RUFAIDAH NURSING COLLEGE

Dear Students,

I am immensely pleased to welcome you to the Rufaidah Nursing College. Whether you are considering nursing as a career with a degree of Bachelor of Science in Nursing (BSN) or intend to advance your education in practice or research with a degree of Post. RN BSN, Rufaidah Nursing College is a great place to be.

The Rufaidah Nursing College, a project of Peshawar Medical College, is one of the renowned nursing institutions in the province, which provides its students with every possible opportunity to learn, lead and discover in a dynamic learning and research environment in the area of nursing sciences. Since the first day of Rufaidah Nursing College, we were lucky enough to take on board a teaching faculty who are not only highly qualified but also hold rich clinical nursing experience. The faculty serving at the Rufaidah Nursing College is renowned for its clinical practice expertise and leadership skills. Even currently, many are professionally engaged in clinical and community practices that ground them in the front-line healthcare challenges and insights of our time. Here at the Rufaidah Nursing College, we continue to foster a welcoming academic environment through increased diversity of our students, faculty, staff, and associated institutions.

We are excited to have you in Rufaidah Nursing College as our student. I am sure our dedicated faculty will help you to transform the world through nursing. I am confident that at the end of your degree program, you will have all the knowledge and skills which will positively impact people in a way (both big and small) that you could ever imagine.

Dr Haleema Sadia

R.N, PhD

PESHAWAR MEDICAL COLLEGE GRADUATES HAVE THE HIGHEST PASSING RATE IN POSTGRADUATE

It is well said that action speaks louder than words. Peshawar Medical College graduates have the highest rate of entering into postgraduate education, comparing to any other private or public sector medical college of Khyber Pakhtunkhwa.

All this clearly speaks of their hard work, commitments and high standards of undergraduate education. Peshawar Medical College is genuinely proud of this excellent performance of its students and teachers. Come and be part of this success story for your brilliant future.

The session wise number of students of Peshawar Medical College, who successfully passed their post graduate entry exams and became postgraduate scholars, is as follows.

Session	Students
Session 2005-10	60%
Session 2006-11	70%
Session 2007-12	70%
Session 2008-13	64%
Session 2009-14	68%
Session 2010-15	45%
Session 2011-16	18%
Session 2012-17	53%
Session 2013-18	38%
Session 2014-19	19%

PRIME FOUNDATION PAKISTAN

“The journey for a purpose through 2005 to 2022”

Prime Foundation is a federally registered organization. It is not owned by an individual or family. The Board of Directors comprises of dedicated multidisciplinary medical professionals and educationists. The first project of Prime Foundation was PESHAWAR MEDICAL COLLEGE established in 2005 after completing all the legal and physical requirements along with recognition from all concerned bodies at Federal and Provincial level.

Since inception of Peshawar Medical College, this mother institution has given birth to other academic institutions of Prime Foundation which include;

PESHAWAR DENTAL COLLEGE

RUFAIDAH NURSING COLLEGE

POSTGRADUATE HEALTH EDUCATION

PRIME INSTITUTE OF PUBLIC HEALTH

PROGRAMS IN BASIC MEDICAL AND DENTAL SCIENCES

Medical Sciences - M. Phil Programs in Anatomy, Physiology, Biochemistry, Pharmacology, Histopathology, Microbiology, Chemical Pathology and Forensic Medicine.

Dental Sciences - M. Phil leading to PhD in Science of Dental Materials, Oral Pathology, Oral Biology and also M. Sc in Community Dentistry.

PROGRAMS IN CLINICAL SCIENCE

Medical Sciences - General Medicine, General Surgery, Obstetrics & Gynaecology, Paediatrics, Ophthalmology, Vitreoretina, Neurosurgery, Anaesthesia, Urology, Orthopaedics, Endocrinology, Cardiology and Radiology.

Dental Sciences - Oral & Maxillofacial Surgery, Operative Dentistry, Prosthodontics, Orthodontics and Periodontology.

Prime Institute of Public Health

The institute has been able to launch multiple programmes for the uplift of the community addressing not only the social needs of the community but also research in identified areas to develop and evidence-based strategy for the long term benefit of the community. The partners/coordinating organizations include WHO, UNICEF, CIDA, GIZ, IDRF (Canada), Mercy Malaysia IICCO Kuwait, AKU Pakistan, PIMA, IMA, Alkhidmat Foundation Pakistan, Department of Health Government of Khyber Pakhtunkhwa and other national and international organizations.

Department of Medical Education

We have opted for the latest modes of curriculum development, learning, teaching and assessment methods within the framework of concerned regulatory bodies. A separate Department of Medical Education has been established for this purpose which continuously reviews and improves the curriculum and monitors and evaluates the academic activities and faculty development programs. More than 90% of the teachers have already gone through the various related workshops conducted by local and foreign visits to further strengthen their capacity in their required area.

We call our curriculum HuDeBa (Human Development Based) Curriculum. The integrated approach, small group learning, modular system, professional and personal development, structured basic sciences and clinical teaching are the hallmark of curriculum.



We strongly believe that an institution cannot be better than its teachers. We are lucky to have the best talent from within the country and abroad and are genuinely proud of our magnificent human resources which is the back bone of our institutions.

Hospitals - For the clinical training of medical and dental students, Prime Foundation has four teaching Hospitals, other than a dental hospital, with a capacity of seven hundred ninety eight beds.

Research - We have always focused on inculcating a strong sense of research in all the institutes of Prime Foundation. The Office of Research facilitates and promotes high quality research by providing progressive guidance, training & capacity building workshops. Right from the first year, research has been incorporated in the curriculum. The Department of Undergraduate Medical Research (UMR), which is taking care of this part of the curriculum, is rightly proud of this pioneering work.

International Coordination - The institution has developed academic linkages with medical colleges in many countries. It is successfully running postgraduate Diploma and MS program in Ophthalmology in Hargesia, in collaboration with WHO and FIMA since 2013. This program will have a great impact on the eye care of East African region.

Department of IT and Medical Informatics - The Department of IT and Medical informatics has been very actively involved in developing various softwares for data collection, assessment and information to students and their parents. Each student and the parent/ guardian have been allotted a separate password for access to the information regarding their academic progress.



PESHAWAR MEDICAL COLLEGE

INTRODUCTION

Peshawar Medical College (PMC), a project of the PRIME Foundation, is recognized by Pakistan Medical Commission/PM&DC. It is located on dual carriage Warsak road. It has a lush green sprawling campus spreading over an area of about 30 kanals. The college is easily accessible from the cantonment railway station, the city main bus terminal and the Peshawar Airport. Popular recreation sites of the city like Sher Khan Shaheed Stadium on Khyber Road, Warsak dam, and Michini on River Kabul, are in its close proximity.

This institute has been established with the sole objectives of contributing towards filling the existing gap of quality medical education in line with the community health needs. The aim is to produce excellent doctors in term of professional competence, integrity, commitment, dedication, to work and ability to do independent research. PMC offers 5 years practical and clinical course of study leading to the award of MBBS degree.

The college is managed by a board of Directors. It comprises of a group of highly dedicated professionals and qualified academicians. The college has opened its portals for the locals, overseas Pakistani and Pakistani expatriates; regardless of color, creed gender, ethnicity and religion. The college also encourages students from other nationalities, particularly from the brother Muslim Countries.

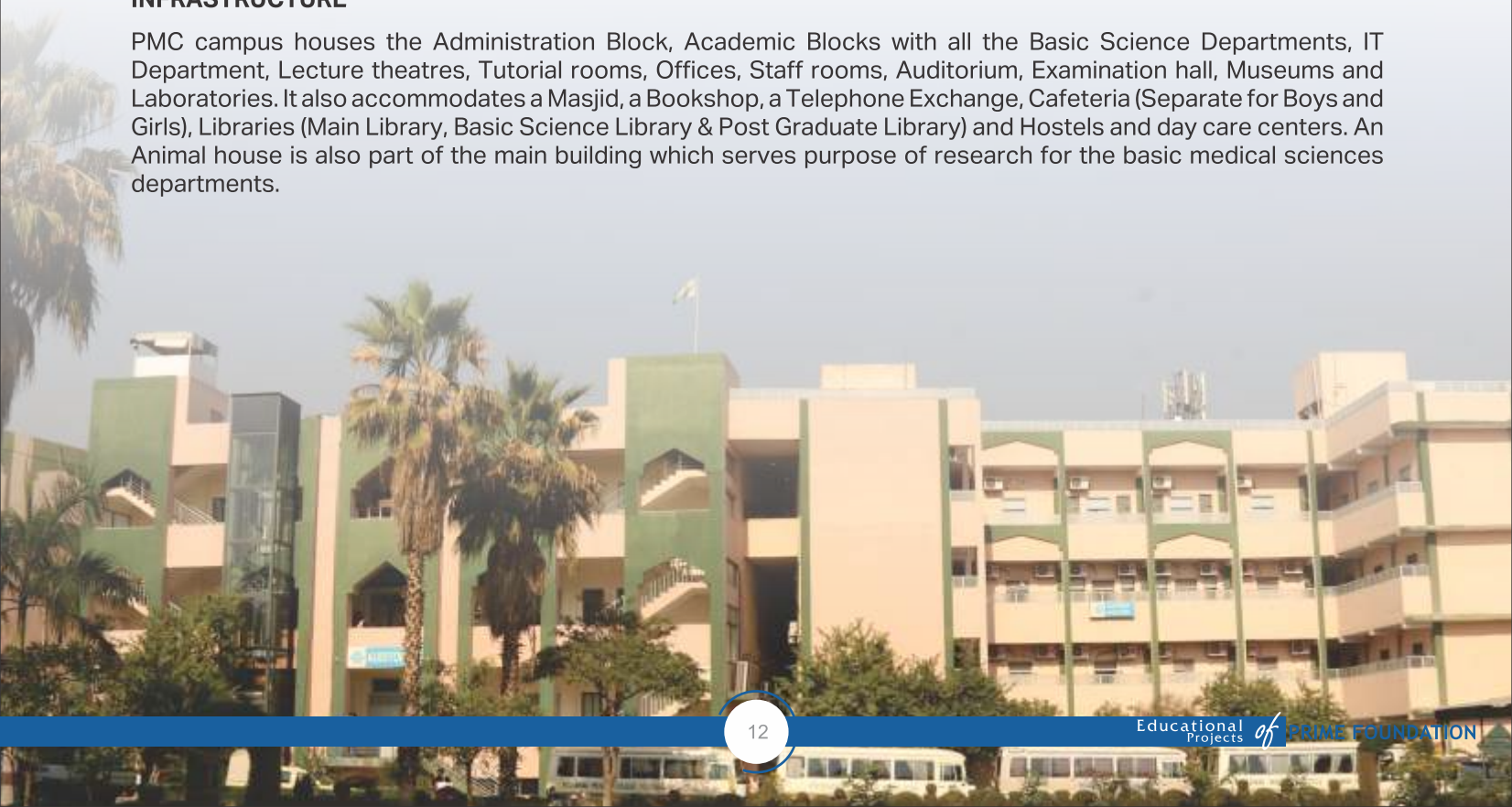


Peshawar Medical College aspires to produce medical graduates with the following minimum attributes:

1. In- Depth knowledge of basis in medical science.
2. Good clinical acumen coupled with capacity to handle local problems by promoting appropriate solutions.
3. An ability to deal with emergencies and be able to deliver satisfactory services under pressure and increasing workload.
4. An ability to apply information technology in conducting research and evaluation.
5. An ability to take holistic approach to understand patients and their diseases, with due emphasis on biological, psychological & social correlates.
6. Commitment to ethical values in the context of medical issues.

INFRASTRUCTURE

PMC campus houses the Administration Block, Academic Blocks with all the Basic Science Departments, IT Department, Lecture theatres, Tutorial rooms, Offices, Staff rooms, Auditorium, Examination hall, Museums and Laboratories. It also accommodates a Masjid, a Bookshop, a Telephone Exchange, Cafeteria (Separate for Boys and Girls), Libraries (Main Library, Basic Science Library & Post Graduate Library) and Hostels and day care centers. An Animal house is also part of the main building which serves purpose of research for the basic medical sciences departments.





AUDITORIUM/LECTURE HALLS



SKILL LAB - I



SKILL LAB - II



MUSEUM AND LABS



LIBRARY & SELF LEARNING

RESOURCE CENTER

The college has its own state-of-the art libraries and self-learning resources centers. These are housed in air-conditioned buildings and provide the best facilities for study and research. There are about 20000 professional books and about 26 national and 23 International subscribed journals.

The Library has computers with internet facility. They are housed in Main Library, Basic science Library, hostel library and General Library. The HEC has granted PMC access to its digital library that has more than 25000 professional journals online.

The Main library remains open from 08:00 am to 03:00 pm, for all students and then from 03:00 pm to 11:00 pm for female students only. The male students are benefitted by a separate library after the college hours. This equipped library is in the boys hostel. It also has computers with internet connection.

The library network is supervised by a highly experienced and qualified Chief Librarian who with his team of professionally trained and qualified personnel manages its day to day activities. Besides books and journals, the library has audio CDs of different class lectures and a collection of CDs on various subjects. All library books have been properly classified and catalogued for easy access. The students can get three books at a time and keep them for a period of one month.

Internet facility is also available to view the lectures on power point and facilitate the students in attempting MCQs about previous lectures.

Moreover, there are ten problem-based learning rooms with mini libraries. The departmental libraries are in addition to these.



PMC TEACHING FACULTY

(BASIC & CLINICAL)

PROFESSORS

Dr. Mohammad Saeed

MBBS, M.Phil
Department of Anatomy

Dr. Syed Motahir Ali Shah

MBBS, M.Phil
Department of Bio-Chemistry

Dr. Farzana Salman

MBBS, M.Phil
Department of Physiology

Dr. Rubina Salma Yasmin

MBBS, MCPS (Gynae / Obs.), M.Phil
Department of Forensic Medicine

Dr. Ihsanullah

MBBS, DCP, M.Phil (Clinical Pathology)
Department of Pathology

Dr. Riaz Nasim

MBBS, M.Phil
Department of Pharmacology

Dr. Farhat R Malik

MBBS, MPH
Department of Community Health Sciences

Dr. Muhammad Imran Qureshi

MBBS, M.Phil
Department of Anatomy

Dr. Sadia Haroon

MBBS, M.Phil
Department of Bio-Chemistry

Dr. Robina Riaz

MBBS, Diploma in Gynae & Obs, M. Phil
Department of Physiology

Dr. Sajjad Ahmad

MBBS, M.Phil, Ph.D (HistoPathology)
Department of Pathology

Dr. Ashraf Khan

MBBS, M.Phil (Haematology), DCP
Department of Pathology

Dr. Muhammad Aman Khan

MBBS, MCPS (Ophthalmology), DOMS,
Diploma & M.Phil (Community Eye Health)
Department of Community Health Sciences

Dr. Jehanzeb Khan

MBBS, M.Phil
Department of Anatomy

Dr. Ihtesham Ul Haq

MBBS, M.Phil
Department of Physiology

Dr. Riaz Qadeer

MBBS, Diploma in Medical
Jurisprudence

Dr. Fozia Rauf

MBBS, FCPS (Histopathology)
Department of Pathology

Dr. Sardar Muhammad

MBBS, DOMS, M.Phil
Department of Pathology

Dr. Saeed Anwar

MBBS, MPH, ADHPE
Department of Community
Health Sciences

PMC TEACHING FACULTY

(BASIC & CLINICAL)

PROFESSORS

Dr. Muzaffaruddin Sadiq

MBBS, FRCS (Edinburgh)
Department of Surgery

Dr. Mumtaz Ali

MBBS, FCPS
Department of Neurosurgery

Dr. Muhammad Subhan

MBBS, FCPS
Department of Medicine

Dr. Noor Muhammad

MBBS, FCPS
Department of Medicine

Dr. Sobia Sabir Ali

MBBS, FCPS, MRCP, FRCP, MHPE
Department of Endocrinology

Dr. Faiz Ur Rahman

MBBS, MCPS, FCPS
Department of Ophthalmology

Dr. Tehniyat Attiya Ur Razaq

MBBS, FCPS
Department of Gynae / Obs.

Dr. Mohammad Tayeb

MBBS, FCPS
Department of Surgery

Dr. Mir Alam Jan

MBBS, FCPS
Department of Urology

Dr. Jahanzeb Afridi

MBBS, FCPS
Department of Medicine

Dr. Fazli Wahab

MBBS, FCPS
Department of Medicine

Dr. Hafeez Ur Rahman

MBBS, FCPS(Ophthalmology), ADHPE (AKU)
Department of Ophthalmology

Dr. Muhammad Arif

MBBS, FCPS
Department of Ophthalmology

Dr. Anwar Sultana

MBBS, Diploma in Obs & Gynae, FCPS
Department of Gynae / Obs.

Dr. Ijaz Ahmad

MBBS, FCPS
Department of Surgery

Dr. Najibul Haq

MBBS, MRCP (UK), FRCP (G),
FRCP (E), MACG (USA), MCPS (Pak)

Dr. Faridullah Shah

MBBS, FCPS
Department of Medicine

Dr. Fazli Maula

MBBS, FCPS
Department of Pulmonology

Dr. Ayesha Sumera Abdullah

MBBS, FCPS(Ophthalmology), DOMS
M.Sc (Community Eye Health), MHPE

Dr. Mir Ali Shah

MBBS, MCPS, FCPS
Department of Ophthalmology

Dr. Shahnaz Parveen

MBBS, MCPS, FCPS
Department of Gynae / Obs.

PMC TEACHING FACULTY

(BASIC & CLINICAL)

PROFESSORS

Dr. Rukhsana Samad

MBBS, MCPS, FCPS
Department of Anaesthesia

Dr. Saima Ali

MBBS, FCPS, MHPE
Department of Paediatrics

Dr. Mahmood Ul Hassan

MBBS, FCPS, MHPE
Department of Orthopedics

Dr. Muhammad Idrees

MBBS, FCPS (Psychiatry)
Department of Psychiatry

Dr. Shams Ul Haq Hanif

Ph.D (Arabic)
Department of Islamic Studies

Dr. Shafi Ullah

MBBS, FCPS
Department of Anaesthesia

Dr. Shazia Aurangzeb

MBBS, MCPS, FCPS
Department of Paediatrics

Dr. Abdul Majid

MBBS, FCPS (Diagnostic Radiology)
Department of Radiology

Dr. Muhammad Irfan

MBBS, MCPS (Psychiatry), FCPS (Psychiatry),
MS (Mental Health Policy & Services), PhD
Department of Psychiatry

Dr. Sahib Islam

PhD (Islamic Studies)
Department of Islamic Studies

Dr. Arif Raza

MBBS, FCPS, DHPE, CHPE
Department of Anaesthesia

Dr. Saffiullah

MBBS, MRCPC
Department of Paediatrics

Dr. Miraj Muhammad Khan

MBBS, D.T.C.D.(T.B.&Chest Disease),
Dip. in Dermatology/Venereology,
F.V.M.A (Dermatology)

ASSOCIATE PROFESSOR

Dr. Nomanullah Wazir

MBBS, M.Phil
Anatomy

Dr. Shumaila Wadud

MBBS, M.Phil
Department of Biochemistry

PMC TEACHING FACULTY

(BASIC & CLINICAL)

ASSOCIATE PROFESSOR

Dr. Momina Haq

MBBS, M.Phil
Department of Physiology

Dr. Sabeen Nasir

MBBS, M.Phil
Department of Pathology

Dr. Sahibzada Salma Rehman

MBBS, MCPS, FCPS
Department of Surgery

Dr. Saima Mehboob

MBBS, FCPS
Department of Medicine

Dr. Zia Ullah

MBBS, FCPSI
Department of Pulmonology

Dr. Mohammad Habib

MBBS, FCPS, DLO
Department of ENT

Dr. Mohsina Haq

MBBS, M.Phil
Department of Pathology

Dr. Sara Ziaullah

MBBS, M.Phil
Department of Pathology

Dr. Sheikh M. Ibqar Azeem

MBBS, FCPS
Department of Surgery

Dr. Najm Ud Din

MBBS, MCPS (Medicine), FCPS,
Fellowship Renal Transplant (Taiwan)
Department of Nephrology

Dr. Samdana Anwar

MBBS, FCPS
Department of Gynae / Obs.

Dr. Zeenat Adil

MBBS, D.M.R.D (Diagnostic Radiology)
Department of Radiology

Dr. Ambreen Gul

MBBS, M.Phil
Department of Pathology

Dr. Shafaq Zafar

MBBS, M.Phil
Department of Pharmacology

Dr. Bakht Biland

MBBS, FCPS
Department of Medicine

Dr. Syed Tahir Shah

MBBS, FCPS
Department of Cardiology

Dr. Adil Hussain

MBBS, Diploma in Anesthesia
Department of Anaesthesia

PMC TEACHING FACULTY

(BASIC & CLINICAL)

ASSISTANT PROFESSOR

Dr. Maria Azam Khattak

MBBS, M.Phil
Department of Anatomy

Dr. Shabina Saifullah

MBBS, M.Phil (Chemical Pathology)
Department of Pathology

Dr. Amber Javaid

MBBS, M.Phil
Department of Pharmacology

Dr. Zia Ul Ain Sabiha

BDS, MPH (Community Dentistry)
Department of CHS

Dr. Humaira Khattak

MBBS, MCPS, DFM
Department of Family Medicine

Dr. Ahmad Arsalan Tahir

MBBS, FCPS (Surgery) / MRCS
Department of Surgery

Dr. Aminul Haq

MBBS, MCPS, FCPS
Department of Medicine

Dr. Hina Hakim

BDS, M.Phil (Bio Chemistry)
Department of Bio Chemistry

Dr. Sumira Abbas

MBBS, FCPS (Haematology)
Department of Pathology

Dr. Amir Zaman Khan

MBBS, M.Phil
Department of Pharmacology

Dr. Asif Rehman

BDS, M.Sc. (Public Health)
Department of CHS

Dr. Sadia Bibi

MBBS, FCPS (Surgery)
Department of Surgery

Dr. Nasir Bakhtiar

MBBS, FCPS
Department of Surgery

Dr. Fatima Saadat

BDS, M.Phil (Physiology)
Department of Physiology

Dr. Hala Rajab

PhD
Department of Molecular Biology

Dr. Faqir Muhammad Anwar

MD, MPH
Department of CHS

Dr. Sana Rehman Joya

MBBS, M.Phil (com. Medicine)
Department of CHS

Dr. Shahidullah Ahmad

MBBS, FCPS (Surgery)
Department of Surgery

Dr. Shafi Ullah

MBBS, FCPS
Department of Surgery

PMC TEACHING FACULTY

(BASIC & CLINICAL)

ASSISTANT PROFESSOR

Dr. Akram Ullah

MBBS, FCPS
Department of Neuro Surgery

Dr. Zohaib Hidayat

MBBS, FCPS
Department of Plastic Surgery

Dr. Muhammad Abbas

MBBS, FCPS
Department of Medicine

Dr. Bakht Jehan

MBBS, FCPS
Department of Neurology

Dr. Muhammad Abdur Rauf

MBBS, FCPS
Department of Cardiology

Dr. Arbab Muhammad Kashif Khan

MBBS, FCPS
Department of Gastroenterology

Dr. Sajid Khan

MBBS, FCPS
Department of Neuro Surgery

Dr. Shaukat Fiaz

MBBS, FCPS
Department of Urology

Dr. Jahan Sardar

MBBS, FCPS
Department of Medicine

Dr. Faheem Ullah

MBBS, FCPS, FACPS
Department of Endocrinology

Dr. Zia Ur Rahman

MBBS, FCPS
Department of Paeds Cardiology

Dr. Faisal Nawaz

MBBS, FCPS
Department of Ophthalmology

Dr. Hanif Ur Rahman

MBBS, FCPS
Department of Neuro Surgery

Dr. Ismail Khan

MBBS, FCPS
Department of Urology

Dr. Muhammad Qasim

MBBS, FCPS
Department of Medicine

Dr. Shahid Rizwan Safeer

MBBS, MRCP (Ireland)
Department of Nephrology

Dr. Mian Shah Yousaf

MBBS, FCPS
Department of Gastroenterology

Dr. Abdul Munim

MBBS, FCPS
Department of Ophthalmology

PMC TEACHING FACULTY

(BASIC & CLINICAL)

ASSISTANT PROFESSOR

Dr. Shamim Akhtar

MBBS, FCPS
Department of Gynae / Obs.

Dr. Farzana Burki

MBBS, FCPS
Department of Gynae / Obs.

Dr. Khalid Iqbal

MBBS, Diploma in Anesthesia
Department of Anaesthesia

Dr. Hameed Ullah

MBBS, MRCPCH
Department of Paediatrics

Dr. Akhtar Hussain

MBBS, FCPS
Department of Orthopedics

Dr. Said Rahman

MBBS, MCPS
Department of Radiology

Dr. Rabia Kareem

MBBS, FCPS
Department of Gynae / Obs.

Dr. Ihsan UI Haq

MBBS, Diploma in Anesthesia
Department of Anaesthesia

Dr. Farhan Salam

MBBS, FCPS (Oto-Rhino-Laryngology)
Department of ENT

Dr. Iqbal Hussain

MBBS, FCPS
Department of Paediatrics

Dr. Hidayat Ullah

MBBS, FCPS
Department of Orthopedics

Dr. Sidra Saeed

MBBS, FCPS
Department of Radiology

Dr. Afrah Aman

MBBS, FCPS
Department of Gynae / Obs.

Dr. Hamid Iqbal

MBBS, Diploma in Anesthesia
Department of Anaesthesia

Dr. Naseem UI Haq

MBBS, FCPS
Department of ENT

Dr. Saeed Ahmad

MBBS, FCPS
Department of Orthopedics

Dr. Abdul Aziz Zia

MBBS, D.M.R.D
Department of Radiology

Dr. Adnan Yousaf

MBBS, FCPS
Department of Radiology

PMC TEACHING FACULTY

(BASIC & CLINICAL)

ASSISTANT PROFESSOR

Dr. Ambareen Muhammad

MBBS, FCPS
Department of Radiology

Dr. Neelofar Shaheen

MBBS, MPHE
Department of DHPE & R

Dr. Kalsoom Saud

MBBS, FCPS
Department of Dermatology

Dr. Hashmat Ali

Ph.D
Department of Islamic Studies

Dr. Waleed Ahmad

MBBS, FCPS
Department of Psychiatry

Mulana Muhammad Ismail

M.A
Department of Islamic Studies

SENIOR REGISTRAR

Dr. Asad Ullah Khan

MBBS, FCPS
Department of Surgery

Dr. Arif Hussain

MBBS, FCPS
Department of Neurosurgery

Dr. Raza Muhammad Khan

MBBS, FCPS
Department of Medicine

Dr. Yasir Abbas

MBBS, MCPS
Department of Gastroenterology

Dr. Waleed Mabood

MBBS, FCPS
Department of Surgery

Dr. Mohammad Shoaib

MBBS, FCPS
Department of Urology

Dr. Usman Ali

MBBS, FCPS
Department of Medicine

Dr. Noman Khan

MBBS, FCPS
Department of Gastroenterology

Dr. Muhammad Zubair

MD, MS
Department of Neurosurgery

Dr. Abdul Samad

MBBS, DIC
Department of Medicine

Dr. Shoaib Iqbal Safi

MBBS, FCPS
Department of Radiology

Dr. Bilal Ahmad

MBBS, FCPS
Department of Oncology

PMC TEACHING FACULTY

(BASIC & CLINICAL)

SENIOR REGISTRAR

Dr. Asif Ali

MBBS, FCPS
Department of Ophthalmology

Dr. Humaira Aman

MBBS, FCPS
Department of Gynae / Obs.

Dr. Sana Nafis

MBBS, FCPS
Department of Paediatrics

Dr. Muhammad Usman

MBBS, FCPS
Department of Ophthalmology

Dr. Mohammad Javaid

MBBS, Diploma in Anesthesia
Department of Anaesthesia

Dr. Madiha Romaisa Ilyas

MBBS, MCPS
Department of Radiology

Dr. Robina Qadeer

MBBS, FCPS
Department of Gynae / Obs.

Dr. Rabbia Shaheen

MBBS, FCPS
Department of Paediatrics

Dr. Hafsa Usman

MBBS, FCPS
Department of Dermatology

PESHAWAR DENTAL COLLEGE

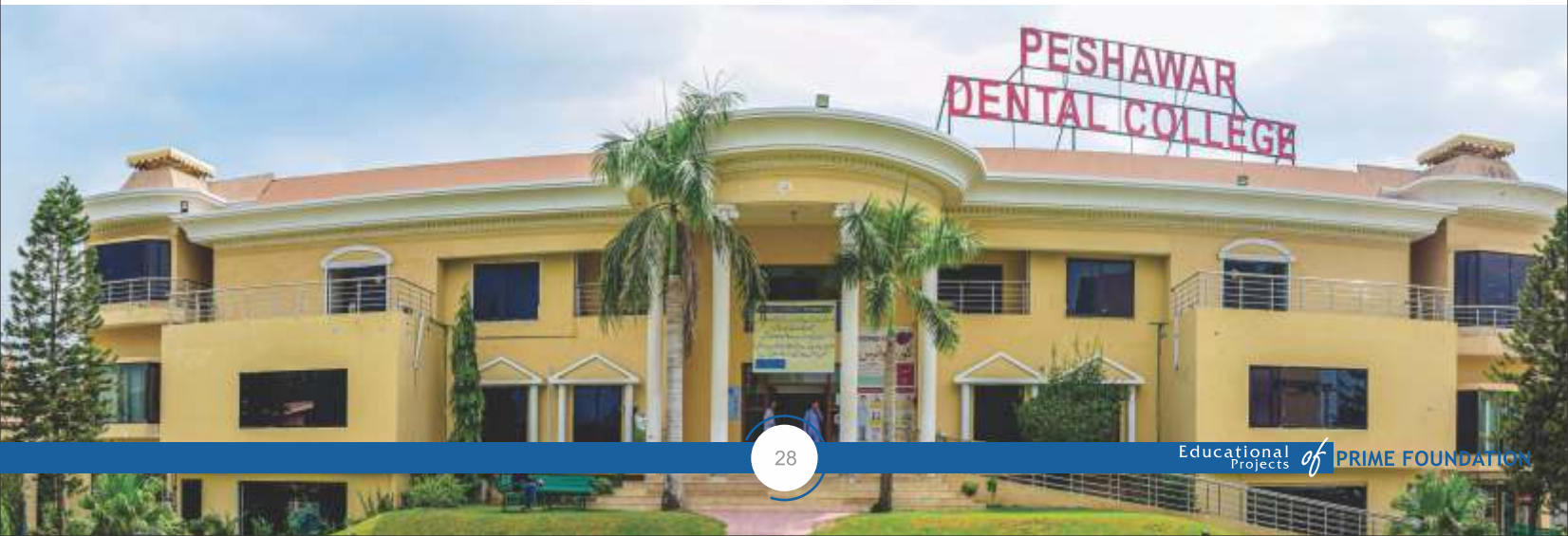
INTRODUCTION

Peshawar Dental College (PDC) is also a project of the Prime Foundation, Pakistan. The college is for female only. The main aim is to produce excellent female dentists in term of professional competence, integrity, commitment, dedication to perform clinical work and ability to do independent research.

College has been approved by the Pakistan Medical Commission (PMC), Federal Health Ministry, HEC and also affiliated with Riphah International University Islamabad. PDC conducts a 4 years practical and clinical course of study leading to the award of BDS degree. We have taken a step ahead and started an integrated modular system from the session 2019-20.

Peshawar Dental College aspires to produce Dental Graduates with the following minimum attribute:

- In Depth knowledge of basic medical and dental sciences.
- Good clinical acumen along with sound skill to resolve the presenting problems.
- An ability to deal with dental emergencies and provide satisfactory services and be able for referring to other specialties where needed.
- An ability to apply information technology in conducting research and evaluation.
- Commitment to ethical values in the context of medical and dental issue



INFRASTRUCTURE

PDC spread over lush green land of 36 kanals. It includes the administration block, academic block including the basic science departments, museum of dental material, laboratories, skill lab dental education department, lecture halls and tutorial rooms.

Clinical departments including operative dentistry, oral and maxillofacial surgery, orthodontics, prosthodontics, periodontology and oral medicine, emergency department and VIP dental clinic, all are fully equipped with modern facilities.

In addition to the college building the campus houses the boy's hostel, libraries, common room, cafeteria, Masjid and Prime Tea Hospital. All the departments of dental hospital are air-conditioned. The basic clinical facilities of PMC are also available to the BDS students.



MAIN BUILDING



LIBRARY AND LECTURE HALLS



FACILITIES



DENTAL WARD



WORLD ORAL HEALTH DAY



DENTAL CAMP



PHANTOM HEAD LAB



LIBRARY & SELF LEARNING RESOURCE CENTER

PDC is having its own state of the art air conditioned library and self learning resource center. The library has computers with internet facility. HEC has granted PMC & PDC access to its digital library that has more than 25000 professional journals online.

Books in the Library have been properly classified and catalogued. Presently it carries 1400 professional books. It remains opened from 08:00 am to 2:00 pm for all students. It is supervised by highly experience and qualified librarian.

Students of the Peshawar Dental College are also provided membership of the PMC library from where they can barrow books of their interest.



PDC TEACHING FACULTY

(BASIC & CLINICAL)

PROFESSORS

Dr. Ihsanullah Wazir

MBBS, M.Phil
Department of Anatomy

Dr. Iftikhar Akbar

BDS, FCPS
Department of Operative Dentistry

Dr. Shamim Akhtar

BDS, MCPS
Department of Periodontology

Dr. Abbas Saleem Khan

BDS, M.Phil
Department of Oral Pathology

Dr. Syed Amjad Shah

BDS, FCPS, MFDS RCPS, FDS RCPS
Department of Oral & Maxillofacial Surgery

Dr. Qazi Javed Akhtar

BDS, M.Sc, MFDS RCPS Glasgow
Department of Oral Medicine

Dr. Dila Baz Khan

BDS, MCPS, M.Phil
Department of Oral Biology

Dr. Shahab Adil

BDS, FCPS
Department of Orthodontics

Dr. Muhammad Raza

BDS, FCPS
Department of Prosthodontics

ASSOCIATE PROFESSOR

Dr. Munaza Khattak

BDS, MPH, M.Phil
Department of Physiology

Dr. Nasiha Motahir

BDS, M.Phil
Department of Oral Pathology

Dr. Abdur Rahman

MBBS, FCPS
Department of Surgery & Allied

Dr. Shah Zaman Khan

MBBS, M.Phil
Department of Pharmacology

Dr. Fatima Iqbal

BDS, M.Phil
Department of Oral Pathology

Dr. Muhammad Ishfaq

BDS, FCPS
Department of Oral & Maxillofacial Surgery

Dr. Sadaf Alam

MBBS, M.Phil
Department of Pathology

Dr. Munawar Aziz Khattak

BDS, M. Phil
Department of Oral Biology

Dr. Zafar-ul- Islam

BDS, FCPS
Department of Orthodontics

PDC TEACHING FACULTY

(BASIC & CLINICAL)

ASSOCIATE PROFESSOR

Dr. Muhammad Younas

BDS, FCPS
Department of Oral Medicine

Dr. Mehreen Imran

BDS, M.Phil
Department of Sciences of
Dental Material

Dr. Muhammad Sartaj Khan

BDS, FCPS
Department of Prosthodontics

Dr. Amjad Hanif

BDS, M.Phil
Department of Sciences of
Dental Material

ASSISTANT PROFESSOR

Dr. Ambreen Humayun

BDS
Department of Anatomy

Dr. Farzeen Khan

BDS, MPH
Department of Com. &
Preventive Dentistry

Dr. Imran Khattak

BDS, M. Phil
Department of Oral Biology

Dr. Aamir Hameed

B.D.S, M.P.H
Department of Com. &
Preventive Dentistry

Dr. Tehmina Naushin Ur Razaq

BDS, M/ Phil
Department of Oral Pathology

Dr. Urooj Saleem

BDS, MPH, M.H.P.E
Department of HPEDE & R

Dr. Zia ur Rehman khalil

BDS, MSc
Department of Com. &
Preventive Dentistry

Dr. Sana Arbab

BDS, M. Phil
Department of Oral Biology

Dr. Humaira Hayat Awan

BDS, DCP
Department of Paedodontics

PDC TEACHING FACULTY

(BASIC & CLINICAL)

ASSISTANT PROFESSOR

Dr. Muhammad Zain

BDS, FCPS
Department of Operative Dentistry

Dr. Hasan Ali Raza

BDS, FCPS, CHPE
Department of Orthodontics

Dr. Nuzhat Ayub (LWP)

BDS, FCPS
Prosthodontics

Dr. Nadia Ashraf

BDS, FCPS
Department of Oral & Maxillofacial Surgery

Dr. Mahirah Iqbal

B.D.S, DID
Department of Periodontology

Dr. Bushra Mehboob

BDS, FCPS
Department of Oral &
Maxillofacial Surgery

Dr. Zeeshan Danish

BDS, MCPS
Department of Periodontology

SENIOR REGISTRAR

Dr. Zubair Aslam Khan

BDS, DICD
Department of Operative Dentistry

Dr. Sonia Zakir

BDS, MCPS, FCPS
Department of Operative Dentistry

Dr. Saima Afridi

BDS, FCPS
Department of Prosthodontics

TEACHING HOSPITALS

For the clinical training of Medical and Dental Students, PRIME Foundation has four teaching hospitals with six hundred and twenty two (622) beds. These hospitals are purpose-built, with state of the art equipment and having facilities like laboratories, X-Ray, Dialysis Units, Angiography, Ultrasound, C.T Scan, ECG, ETT, etc. These hospitals provide a full range of surgical, medical, and allied services through highly qualified, experienced and renowned staff. They have the distinction of providing quality services on 'no-profit no loss' basis. Kuwait Teaching Hospital and Mercy Teaching Hospital, located on main University Road are multidisciplinary charity hospitals each having two hundred and fifty beds while Prime Teaching Hospital located on Warsak Road, has one hundred and twenty two beds. These hospitals are also recognized for postgraduate training in clinical disciplines.

These institutions have been established with a clear objective of long term community development by providing human resources who are:

- Professionally competent
- Excellent in ethical values and practice
- Cognizant of community health needs
- Research minded and lifelong learners
- Well versed in IT and latest health technologies
- Capable to successfully meet the local and global health challenges
- Competitive at national and global level

Obviously the realization of just cited purpose required a lot of resources and facilities. We can confidently say that we have been successful in that and managed to move in the right direction.



KUWAIT TEACHING HOSPITAL



MERCY TEACHING HOSPITAL



PRIME TEACHING HOSPITAL



AFRIDI MEDICAL COMPLEX



DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

INTRODUCTION

The program of postgraduate studies (M.Phil & Ph.D) in "Basic medical Sciences" (BMS) has been launched by Peshawar Medical College (PMC) & in 'Basic Dental Sciences' by Peshawar Dental College (PDC) in accordance with the regulations of Pakistan Medical Commission (PMC) in line with Higher Education Commission (HEC) policy guidelines to promote multi-disciplinary approach focusing mainly on major subject of trainees' choice.

The course work is designed specifically to update and extend the depth and breadth of knowledge and professional skills of the area of interest. The course will also promote interdisciplinary approach to produce versatile medical experts with advanced & broad based area of specialization. Cross- disciplinary collaboration will be promoted to develop diverse skills. In addition, these trainees will be exposed to current knowledge and skills of various related fields diagnostic procedures, medical education techniques, scientific communication & writing skills, bio informatics, e-learning (including computer skills) and medical ethics. Our goal is to produce knowledgeable, competent and motivated basic medical sciences specialists who will actively participate in the development of medical profession as experts in their respective fields.



DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

SPECIFIC LEARNING OBJECTIVES

After successful completion of M. Phil course, the trainee will:

- Possess comprehensive theoretical knowledge about the major subject of his/her choice and sound background knowledge of the supportive and skill related course.
- Be able to perform practical procedures efficiently by proper use of relevant equipment.
- Be capable of conducting, presenting and writing research work/projects.
- Be able to recognize ethical issues relating to the specialty
- and suggest remedial measures. Be able to plan, organize and conduct undergraduate course in basic medical subjects.
- Be able to design relevant assessment and evolution in their respective subjects.
- Be capable of introducing the new concepts and methodologies in his/her relevant fields.
- Be able to work as willing member of the team by cooperating and collaborating with other colleagues.

DISCIPLINES OF TRAINING IN MEDICAL SCIENCES

Peshawar Medical College offers two years of M. Phil program in the following disciplines:

- Anatomy
- Physiology
- Biochemistry Forensic Medicine
- Chemical Pathology
- Histopathology
- Microbiology
- Pharmacology

ADDITIONAL PROGRAMS (DIPLOMA PROGRAMS)

Forensic Medicine

- DMJ (2 Years)

Pathology

- DCP (1 Year)

DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

PMC - M.PHIL

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Histopathology
- Microbiology
- Chemical Pathology
- Forensic Medicine

ADDITIONAL PROGRAM

- Diploma in Medical Jurisprudence (DMJ) 2 Years
- Diploma in Clinical Pathology (DCP) 2 Years

RECOGNIZED FOR FCPS-II TRAINING

- General Medicine
- General Surgery
- Obstetrics & Gynaecology
- Paediatrics
- Ophthalmology
- Vitreo-Retinal Ophthalmology
- Anaesthesia
- Neurosurgery
- Psychiatry
- Histopathology
- Otorhinolaryngology (ENT)
- Endocrinology
- Orthopedics
- Urology
- Cardiology

RECOGNIZED FOR MCPS TRAINING

- Obstetrics & Gynaecology
- Ophthalmology
- Anaesthesia
- Paediatrics
- Diagnostic Radiology

DISCIPLINES OF TRAINING IN DENTAL SCIENCES

Peshawar Dental College offers M. Phil and Ph. D program in the following disciplines General Surgery

M. Phil

- Oral Biology
- Oral Pathology
- Science of Dental Materials

Ph. D

- Oral Biology
- Oral Pathology
- Science of Dental Materials

RECOGNIZED FOR FCPS-II TRAINING

- Prosthodontics
- Operative Dentistry
- Orthodontics
- Oral & Maxillofacial Surgery

RECOGNIZED FOR MCPS TRAINING

- Periodontology

ADDITIONAL PROGRAM

M. Sc Community Dentistry (2 Years)

DEPARTMENT OF POST GRADUATE HEALTH EDUCATION (DPGHE)

GENERAL INSTRUCTIONS

General Administration

- The Director Postgraduate Program will coordinate all the Postgraduate Programs.
- Daily attendance will be marked separately during theory classes, lab sessions and clinical visits.
- 80% attendance is mandatory to appear in final examinations.
- Casual leave will be granted only in emergency situations.
- Sick Leave is permissible on submission of valid medical certificate

Library

The trainee can avail library facilities on all working days during the prescribed hours. However, he/she will have to follow the rules of the library.

Any trainee, who loses, defaces or otherwise seriously damages any book, is liable to replace the same or pay the cost of the book. If the book is one of the set or series, the cost of the whole set or series will be charged from the concerned trainee.

Hostel Accommodation

Hostel accommodation will be subject to availability and will be given only after the full payment of accommodation fee according to the existing rules.

Identity Card

The trainee will be issued a non-transferable identity card having a recent photograph duly signed by the Director. This card must be kept by the trainee within the premises.

Duplicate cards will not be issued except under special circumstances and after permission from Director Postgraduate Department.

Course Distribution

M. Phil program is a full-time, two years structured program spread over 4 semesters (Two semesters per academic year).

The program must be completed in HEC/University stipulated time.

RUFAIDAH NURSING COLLEGE

INTRODUCTION

Hazrat Rufaidah (RT) is recognized as the first Muslim nurse. Her full name was Rufaidah binte Sa'ad (RT) of the Bani Aslam tribe of the Khazraj tribal confederation in Madinah. She was born in Yathrib before the migration of the Prophet Muhammad (ﷺ). She was among the first people in Madinah to accept Islam and was one of the Ansar Women who welcomed the Prophet (ﷺ) on his arrival in Madinah.

Rufaidah's father was a physician. She learned medical care by working as his assistant. Her history illustrates all the attributes expected of a good nurse. She was kind, empathetic and a capable leader, who organized, mobilized and motivated others to produce good work. She had clinical skills. She shared with others nurses whom she trained and worked with; she did not confine her nursing to clinical situations. She went out to the community and tried to solve the social problem that lead to diseases. She was both a public health nurse and social worker.

The foundation of Rufaidah Nursing College has been laid upon the same glorious principles of nursing as practiced in early Islamic era. RNC is a project of PRIME Foundation, recognized by Pakistan Nursing Council.



RUFAIDAH NURSING COLLEGE

LOCATION

The college is situated within the premises of Kuwait Teaching Hospital, located at the Abdara Chowk, University Road, Peshawar. RNC is well equipped with modest living and learning facilities, expected of a nursing college.

VISION

Rufaidah Nursing College aspires to be a center of excellence in nursing that will impart full spectrum of quality nursing education in line with national human resource requirements, socio-cultural values and global trends.

MISSION

The mission of RNC is to elevate the status of nursing profession by upholding high standards of teaching and learning, ethics and professionalism with practical role modeling and other long term strategies to dispel the associated misconceptions. While at the same time enabling its graduates to reach the highest professional position at home and abroad by dint of excellence in professional competencies and ethical values,

OBJECTIVES

- To contribute toward reversing the inverse national health resources pyramid.
- To elevate the image of nursing profession through demonstration of role modeling.
- To impart quality nursing education in line with recommendations of the Pakistan Nursing Council (PNC), socio-cultural norms, values and global trends of the nursing profession.
- To enable nurses reach the highest leadership, service and research positions in health profession at home and abroad through an innovative curriculum that will offer them training opportunities in a healthcare team environment within the framework of PNC.
- To provide holistic nursing care to patients; characterized by professional competence and ethical excellence.



PRIME INSTITUTE OF PUBLIC HEALTH

INTRODUCTION

Prime Institute of Public Health (PIPH) subscribes to a vision where education is not imparted in silo but as an integrated approach that blends with community services, research and development. Therefore, since its inception, it has been rendering a host of community services throughout the far and wide of Khyber Pakhtunkhwa province.

The three key domains mentioned above were initiated in a modest way through a lean Project Support Unit (PSU) at Department of Community Health Science. PSU was assigned to actively liaise with national & International agencies; seek and apply for community services, research and development grants with implementing and managing them in a high professional manner. This was then substituted with a more empowered and reinforced Public Health Interventions Unit (PHIU). Later on it developed into a full scale international quality institute of Public Health with public health education, services, research, interventions and policy as its integral components.

PIPH together with offering skilled employment and capacity building opportunities to the relevant communities has succeeded in serving them, through the coordination and support of various National and International Organizations.

A brief summary of some of these community services, capacity building, research and development is given on the next page.



S.No	Project Profile of Prime Foundation	Funding Agency	Year
1	Community Engagement Activity under The Hope Project	KMU/ Keele University UK	2022
2	Maternal Child health & Immunization services through Health Camps in selected areas of South Waziristan Tribal District	Gates Foundation	2022
3	Women and Child Friendly Space (WCFS) for rural community of Garhi Sherdad	Prime Foundation	2022
4	IFA supplementation for addressing maternal anemia in Merged Districts of KP in collaboration with Department of Health	Nutrition International	2021
5	Integrated Immunization and PHC for Enteric Pathogens Control (Naunehal)	Gates Foundation	2021
6	Provision of Psychosocial Support Services to repatriated families in South Waziristan Tribal District	UN Population Fund	2021
7	Provision of Reproductive Health Services to Afghan Refugees, TDPs and Host Communities residing in selected UCs of district Peshawar, Kohat and Bannu	UN Population Fund	2020
8	Supervised Treatment in Out-Patients for Schizophrenia (STOPS)	KMU / Keele University UK	2019
9	Review of models involving community for improving the quality of health services in primary health care facilities and pilot the newly developed model in one tribal district	GIZ	2019
10	Early Childhood Development Program at Garhi Sherdad	Prime Foundation	2019
11	Community Based Management of Acute Malnutrition for children 6-59 months and PLWs in Kohat	WFP	2019
12	Community Based Management of Acute Malnutrition for children 6-59 months and PLWs in Hangu	WFP	2019
13	Merged Areas Returnees Support Program (MARSP) in North Waziristan and South Waziristan tribal districts	Concern Worldwide	2019
14	Primary Healthcare Services for Conflict affected repatriated families and communities of Orakzai Agency	Concern Worldwide	2018
15	PINS (Program for Improved Nutrition in Sindh) Sindh	European Union	2018
16	FATA Early Recovery Program (ERP) in merged area of Orakzai	Concern Worldwide	2018
17	Mother and Child Care Project (MCCP II) - Extension Phase (Lakki, Tank, SWA, Khyber)	Aga Khan University / Gates Foundation	2017
18	Capacity building medical technicians in Gilgit-Baltistan (with IHS Islamabad)	TRF of UKAID	2016
19	Mother & Child Days Project, Bannu	Unicef	2016
20	Mother & Child Days Project, SWA	Unicef	2016
21	Community based Maternal and Child Health Services in Upper Dir, KPK, Pakistan	Unicef	2016
22	Prevention and Treatment of Malnutrition among children, and Pregnant and Lactating Women (PLW) in Orakzai Agency in host and Repatriated Population	Unicef / WFP	2016

S.No	Project Profile of Prime Foundation	Funding Agency	Year
23	Community Based Management of Acute Malnutrition, DIK	Unicef	2016
24	Development of Quality Standards for DHIS FATA	GIZ	2016
25	Routine Data Quality Assessment (RDQA) of District Health Information System FATA and Implementation of QAP for DHIS	GIZ	2016
26	Emergency Primary Health Care Services in Bannu for IPDs of NWA	ERF / UNOCHA	2015
27	Emergency Nutrition Services (CMAM & IYCF) for IPDs in Lakki Marwat	ERF / UNOCHA	2015
28	Mother & Child Care Project (Lakki, FR Lakki, Tank, FR Tank, DIK, FR DIK, SWA)	Aga Khan University / Gates Foundation	2015
29	Quantitative & Qualitative Analysis of FATA DHIS Assessment Survey and development of Quality Assurance Roadmap for FATA DHIS	GIZ	2014
30	Contracting out basic health services in District Kohistan (with IHS Islamabad)	World Bank	2014
31	SMART (Standardized Monitoring & Assessment of Relief and Transitions) nutritional survey in district Tank	Unicef	2013
32	Implementation partner of Aga Khan University for Mother & Child Care Immunization Project	Aga Khan University / Gates Foundation	2013
33	SQUEAC (Semi-Quantitative Evaluation of Access & Coverage) survey of nutrition services in DI Khan	Unicef	2012
34	Technical & financial consultancy for DOH, UNICEF and WFP collaborative CMAM Project in Kohistan and Buner	UNFPA	2012
35	Capacity Building of Midwives and Vocational Training for Women in Flood Affected Charsadda & Nowshera	IDRF Canada	2012
36	Prevention & treatment of malnutrition for conflict affected populations in Tank	Unicef	2012
37	Reproductive Health and EmONC Services in Flood/Conflict Affected population in KP	UNFPA	2011
38	Static Clinics for Flood Affected Peshawar, Mardan, Charsadda & Nowshera	IDRF Canada	2011
39	Community based management of acute malnutrition (CMAM) in Charsadda	Unicef	2011
40	Mobile Medical Clinics for Flood Affected Charsadda & Nowshera	IDRF Canada / IICO	2010
41	Mobile Medical Clinics for Flood Affected Peshawar, DI Khan, Charsadda & Nowshera	IDRF Canada	2010
42	Maternal, Neonatal & Child Health (MNCH) Center establishment in Jalalah, Mardan	IDRF Canada	2009

DEPARTMENT OF MEDICAL EDUCATION - A COMMITMENT

"Educating the mind without educating the heart is no education at all"

~Aristotle.

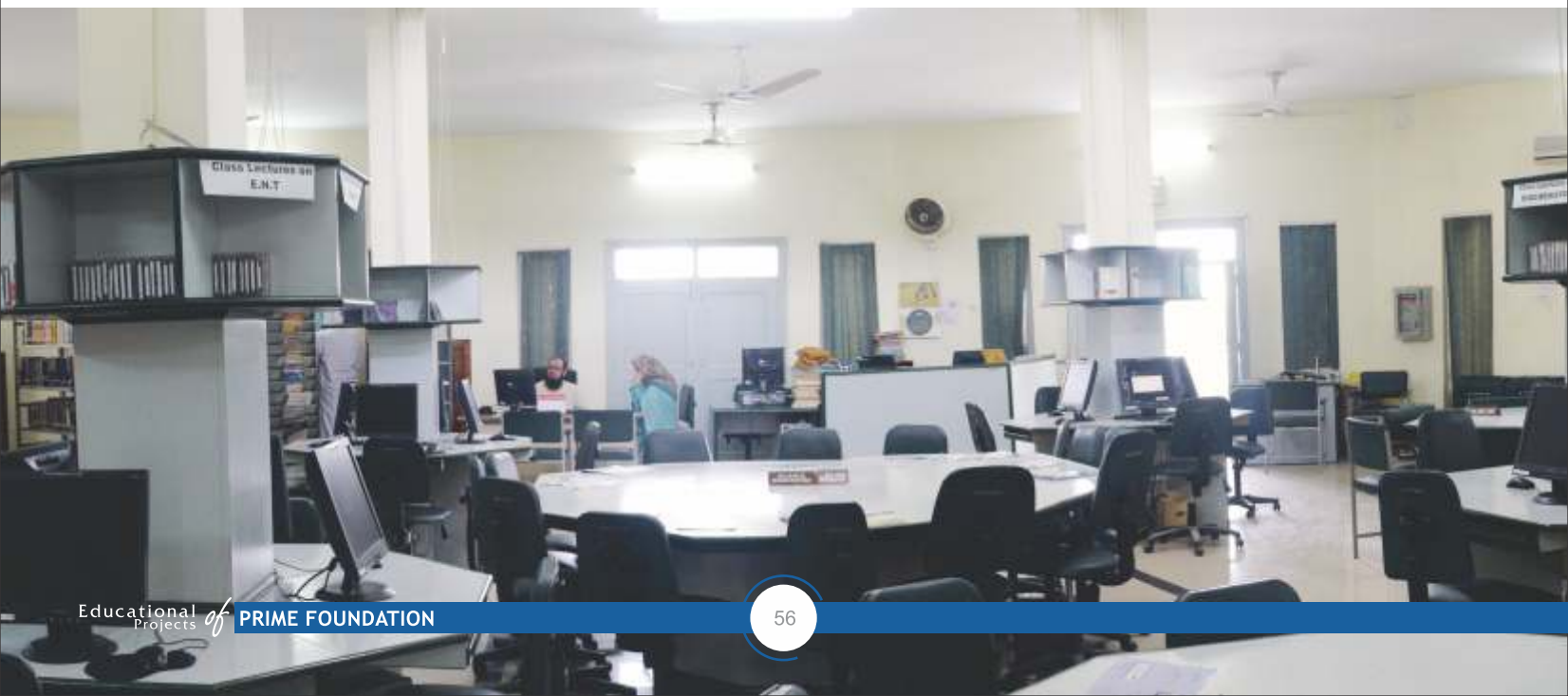
In this era of evidence-based practice the institution has a concrete evidence of its commitment to achieve excellence in medical education and ethical values - the Department of Medical Education (DME). Right at its inception, this department was established, as the goal that the institution had set for itself "excellence in professional competence & ethical values", could only be achieved through a systemic, perseverant effort actualized in the form of a department dedicated to quality assurance in medical education at all levels. It comprises a team of faculty members formally trained in the field of medical education and a group of highly trained information technology experts.

This institution is not just another name in the list of medical colleges in Pakistan, it embodies a vision and commitment to make a difference in the lives of the people that it pledges. The very ethos of this college builds on modernity, creativity, openmindedness, reformism, self-evolution, self actualization and the need to continuously update itself to achieve excellence in all professional dimensions. Over the year DME has become the tool for achieving these highly aspired stated goals through collaborative quality assurance institutional collaborations with other leading organizations and institutions. An important aspect of achieving excellence in medical education is remaining updated in our curricula, educational strategies and educational environment. This not only enables the faculty to provide updated medical education to the students but also bring the college at par with other leading medical colleges at national and



International level. The intellectual horizon of the faculty doesn't limit itself to the institutional level and stretches across national and international spectra. DME strives to make this intellectual pledge a reality. Adhering to the specification of PMC, the colleges have designed five-year undergraduate program leading to the MBBS degree and four year program leading to the BDS degree and is firmly committed to follow PMC, HEC and CPSP by maintaining educational standards through sustained focus on self-accountability, continuous monitoring and objectively tailored periodic evaluation.

Student development is a theme that is incorporated in every educational planning and implementation matrix. Our student development systems include an innovative curriculum for behavioral sciences, ethics and professionalism, the mentor-mentee system, undergraduate medical research department, host of curricular and co-curricular activities e.g. students-lead conferences, symposia, seminars, guest lectures, participation in international medical students' summer camps and vision-oriented student societies like the social welfare, literary and sports societies. DME plays a facilitative & supportive role in all these activities. We aspire to make this institution a leading visionary institution at national and international level.



DEPARTMENT OF INFORMATION TECHNOLOGY & MEDICAL INFORMATICS

Information Technology (IT) plays a basic and mandatory role in facilitation of education & learning process in all the institutions of PMC, PDC and allied teaching hospitals. Alongside IT is taught as a subject in all undergraduate and postgraduate programs. Human resources at the department of IT & MI are highly qualified in software development, hardware and network establishment & maintenance. Latest server, clients, PCs and other IT equipment are installed for students, faculty and staff. Computers with internet access are provided in Libraries to turn these into learning resource centers.

The department of IT is proficient in developing latest software as per the arising needs of institutions. Software developed in-house includes but not limited to Students & Exams IMS, Hospitals IMS, and HRMS. This software is accessible through all devices via websites and smart phone app.

Websites have been developed for faculty, students and general public. Faculty and Students have been granted access via dedicated login areas. Faculty can upload learning material / resources other than normal lectures delivered in the class, practical performed in labs and Bedside Teaching provided in hospitals. Students and faculty have access to in-house and online learning resources at different locations in campus e.g. IT Resource Center, IT Labs and Libraries. They have seamless access to HEC online Digital Library over the college. Lectures audio are recorded and uploaded to the student's login for their revision at home. Research is given immense importance in PMC & PDC. A separate department is dedicated to Medical Research and two devoted websites have been developed for this purpose. i.e. UMR and ORIC.



In COVID-19 pandemic situation, students were provided facility of taking lectures online. PMC & PDC were the pioneers in providing online education very early during the same epidemic circumstances. The same facility is indented to be further developed to work as blended learning system in near future. In Sha Allah.

STUDENTS INFORMATION SYSTEM (SIS)

PMC is among the pioneer institutes of the country that developed comprehensive software on SIS with objective monitoring indicators regarding every student's presence and performance in each academics activity i.e., lecture based MCQs scores, tests/stages scores (including student/parent alerts and feedback systems).

This information system enables PMC & PDC administration to take timely actions to improve its educational standards. It also provides self assessment opportunities to students & staff to analyze their performances. Moreover, parents are allotted a login and password on the college website through which they can monitor their ward's progress in terms of attendance and academics.

PMC LABORATORIES

INTRODUCTION

The PRIME Foundation diagnostic services are open to general public since 2005 at affordable cost with quality laboratory results. The diagnostic services have grown up gradually to provide various histopathology, chemical, microbiology, hematology, and molecular biology tests, performed with state-of-the-art instruments by qualified and experienced personnel.

All our efforts aim at patient satisfaction through timely and accurate report delivery. PRIME Foundation Diagnostic services are developing day by day to keep pace with the introduction of new technologies.

Besides provision of diagnostic services, our labs are a source of research for the keen and devoted faculty, post graduate M.Phil., Ph.D., FCPS scholars as well as undergraduate students. Our faculty members are highly committed to teach and train undergraduate and post graduate students steadfastly to produce doctors committed to serve humanity and are efficient leaders in Diagnostic services. We also offer M. Phil Programs in Histopathology, Oral Pathology, Microbiology and Chemical Pathology. We have been recently approved by CPSP for FCPS II training program in Histopathology. During their training the students are inculcated with Islamic values and ethics which reflects in their professional life.



VISION AND MISSION

We envision our department to provide affordable, and quality laboratory services, to cater our community needs, as well as educate and train laboratory scientists who in turn serve as effective leaders and innovative researchers of their field.

Peshawar medical college Department of Pathology and Diagnostic Labs aim to:

- Provide quality medical laboratory services at affordable prices
- Educate and train professionally competent and ethically sound laboratory scientists
- Provide efficient patient care through accurate and reliable report delivery
- Provide opportunities of Innovative research according to our community needs.
- Provide conducive and safe working environment
- Make positive impact in health care through leadership that will assure excellence in practice of laboratory medicine in line with Islamic ethical values.

LAB DIVISIONS

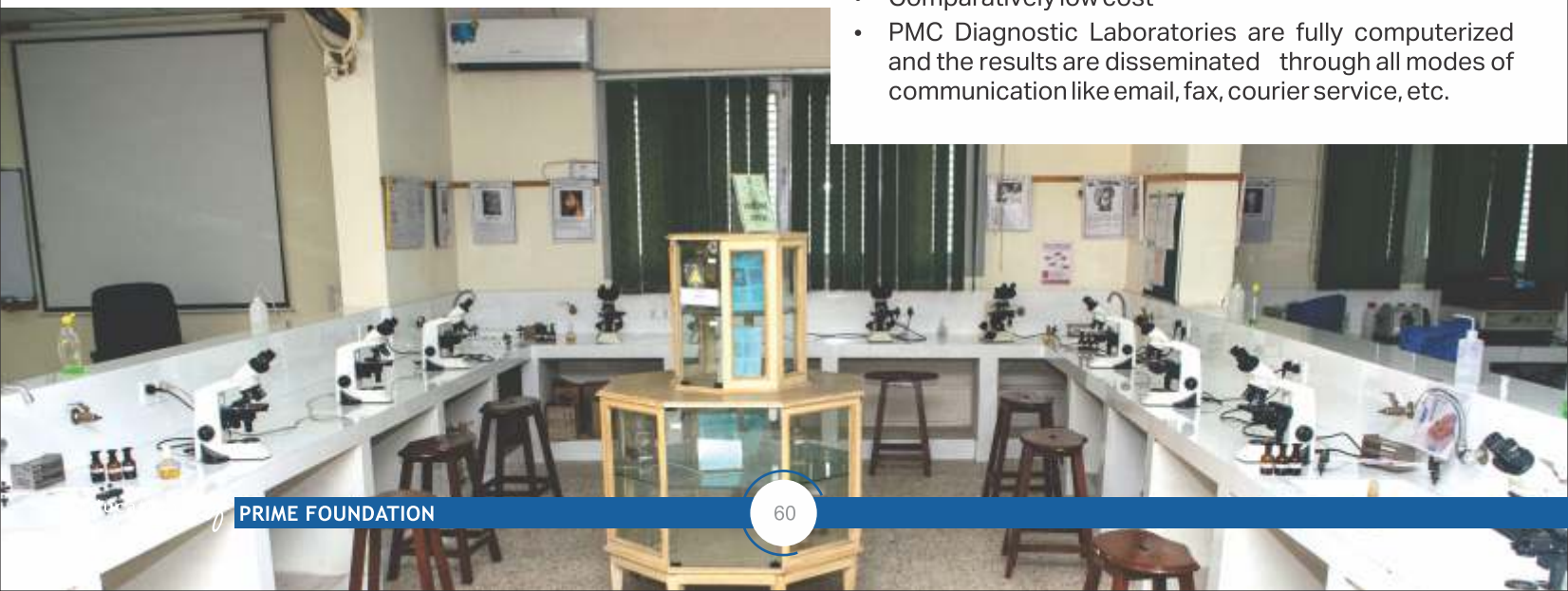
- Histopathology/ Cytopathology Division
- Microbiology Division
- Molecular Biology Division
- Hematology & Division
- Chemical Pathology Division
- Oral Pathology Division

COLLECTION POINTS/ STAT LABS

- Peshawar Medical College
- Prime Teaching Hospital, Peshawar
- Kuwait Teaching Hospital, Peshawar
- Mercy Teaching Hospital, Peshawar

UNIQUE FEATURES

- International quality standards
- Efficient result delivery
- Comparatively low cost
- PMC Diagnostic Laboratories are fully computerized and the results are disseminated through all modes of communication like email, fax, courier service, etc.



OFFICE OF RESEARCH

As part of its quality package, Peshawar Medical College has always focused on inculcating a strong sense of Research and Bioethics at both the undergraduate and faculty levels. Office of Research set up at PMC organizes, facilitates and promotes this goal by providing progressive guidance, training & capacity building workshops, and a detailed system for high quality research at the institute.

Rotation in research and workshops on various areas of research methodology are a part of the curriculum. Students are not only given research projects during each academic year, under the instruction of supervisors, but they are also expected to and supported in writing at least five research articles during their five years of academic career in the college. Research reports are shared through verbal and poster competitions. Best papers are awarded prizes. For more encouragement, students are offered sponsorships for presenting papers in National and International conferences. Students can also apply for publication incentives to the institute on publishing their research.

Beside its role in fostering and strengthening research culture, the Office of Research plays its role by enabling and encouraging students to plan, manage and report their research projects as well as practically learn in field demonstration sites. Our Institutional Review Board ensures that all research projects are ethically compliant with both international ethical standards and the institute's values.

The Office of Research believes in building competent doctors by helping to develop strong skills in IT, Communication and Research, which will provide them distinctive academic leverages for better global competitions and enable them in planning strong careers in future.



INSTITUTIONAL REVIEW BOARD

PMC is among the few medical colleges in Pakistan that has a formal Institutional Review Board. The mandate of this board is to inculcate ethical practices in healthcare and healthcare research under the ambit of PMC & PDC and promote these norms for adoption at all levels. The board comprises of medical and dental doctors, social scientists and religious scholars of diverse schools of thought

CONTINUING MEDICAL & DENTAL EDUCATION (CME/ CDE)

To keep the teachers abreast of the advancements in knowledge and current trends, the department of medical education regularly conducts CME and CDE programs for the faculty of PMC & PDC.

The program was introduced by the legendary Prof. Dr. Sirajud Din Ahmad (Professor of Medical and Former Principal of Khyber Medical College) in 2006. Now our department of medical education (DME) regularly organizes a certificate course in health professionals education (CHPE) and research methodology to meet the professional development needs of medical and dental teachers and our postgraduate students. Other CME and CDE activities are also organized by various departments in collaboration with DME. The CME program includes locally available courses, national and international courses.



HUMAN DEVELOPMENT BASED (HUDEBA) CURRICULUM

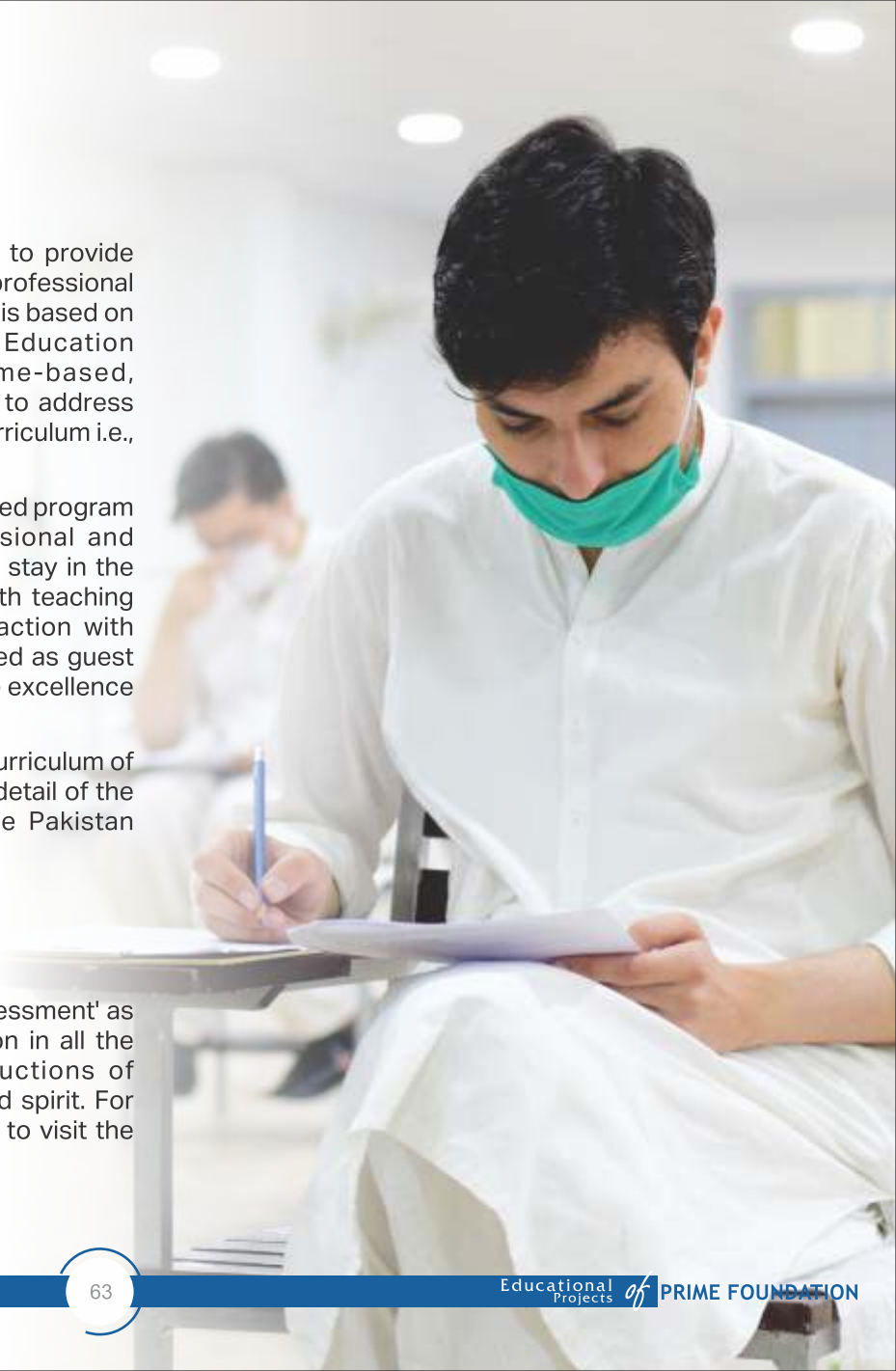
Our medical education curriculum is designed to provide graduate who can demonstrate excellence in professional competence and ethical values. This curriculum is based on the Pakistan Medical Council and Higher Education Commission guidelines and is an outcome-based, integrated hybrid curriculum that is orientated to address the local and global needs. We call it HuDeba curriculum i.e., 'Human Development Based' curriculum.

To accomplish the mission statement, a structured program has been introduced to encourage professional and personal development of students during their stay in the College. In addition to their regular contact with teaching faculty, they get ample opportunity of interaction with leading professional and social scientists, invited as guest speakers. A conscious effort is made to achieve excellence in professional and ethical conduct.

The Pakistan Medical Commission prescribed curriculum of MBBS and BDS degree is strictly followed. For detail of the curriculum, students are advised to visit the Pakistan Medical Commission website: www.pmc.gov.pk

EXAMINATION

This includes 'Internal evaluation/in-course assessment' as well as a comprehensive university examination in all the subjects. The rules, regulations and instructions of concerned authorities are followed in letter and spirit. For detail about examination, students are advised to visit the Pakistan Medical Commission website.



STUDENTS' COUNSELING SERVICE

PMC & PDC have the distinction of providing counseling to its students by a team of qualified and experienced counselors regarding their emotional, personal and educational problems. The objective is to nurture the students in a way that they grow to their full potential and learn problem-solving skills at an early age.

GROUP MENTORING FOR PROFESSIONAL DEVELOPMENT

In line with the vision and mission of our institutions we support the personal and professional development of our students in a variety of ways. In this regard our mentor-mentee system has been operational since 2009. It includes group mentoring strategies through which each mentor supports the students' development process for a group of 10 to 12 students. They have regular on-the-campus meetings and other activities. The department of medical education supports the management, coordination and faculty development needs of the system.



CO-CURRICULAR ACTIVITIES

The college is not oblivious to the Importance of physical and recreational activities as important co-curricular activities for health. Our Literacy and Social Welfare Societies continue their activities through the year, including competitions and contests, arranging health and charity camps, and organizing activities. Commemoration of world health events like World Health Day, World No-Tobacco day, World TB Day, World Mental Day etc. and activities like community work, debates and speech competitions, and literacy events are always encouraged. The sports society organizes competitions during spring for the students and faculty which are thoroughly enjoyed by everyone and help bring out the athletic side of our future doctors. Facilities for outdoor sports are available on the college premises. Department of Undergraduate Medical Research arranges an array of activities, focused on strengthening the concepts and practice of research among students.

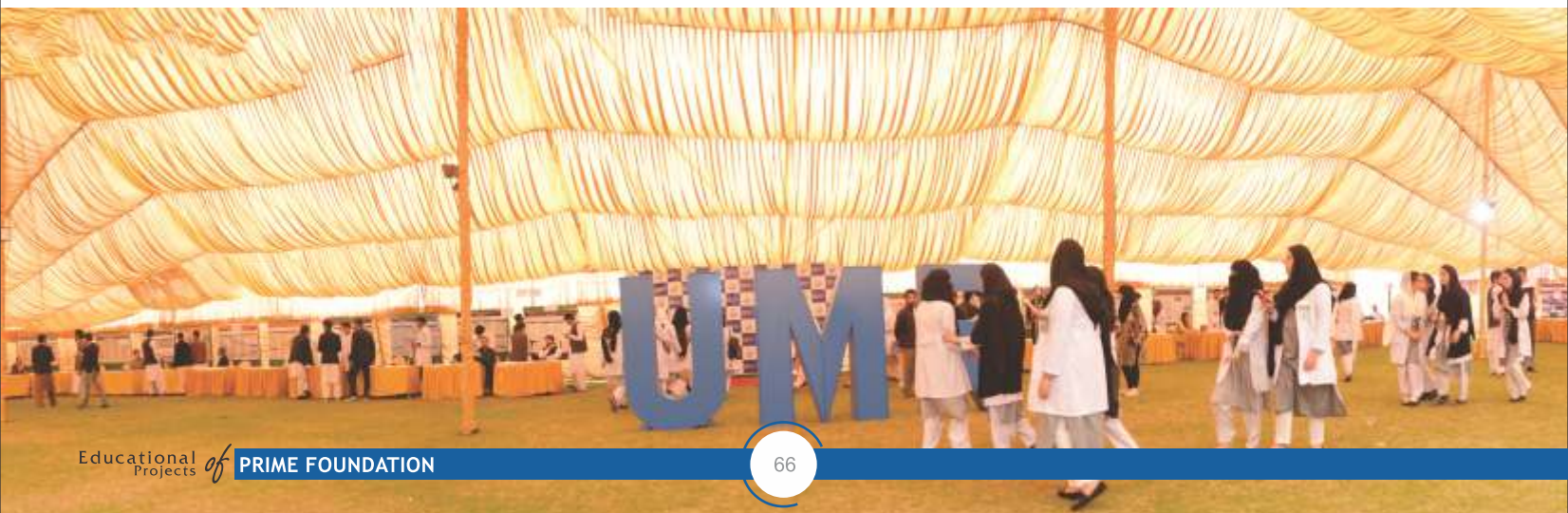


DEPARTMENT OF UNDERGRADUATE MEDICAL RESEARCH

Peshawar Medical College (PMC), Peshawar Dental College (PDC) and Rufaidah Nursing College (RNC) are student centered colleges. These institutes were established with a clear objective of producing doctor and nurses who are professionally competent with excellent ethical values and practices and are research-minded.

Research has been incorporated in the curriculum, right from first year. The Department of Undergraduate Medical Research (UMR), which is implementing this part of the curriculum, is rightly proud of this pioneering work among Khyber Pakhtunkhwa Medical colleges, both in Public and Private sectors.

Recently, research curricula for all years of MBBS and BDS have been revised. The new curricula are being implemented from year 2018 onward. The third year MBBS students now have a 3-week rotation at the department of UMR during which emphasis is laid on research ethics, skills and proposal development. Qualified faculty members from basic science, clinical sciences and social sciences supervise students' research projects. The students are made well aware of the importance of research ethics and all research projects have to be approved by the Ethical Review Committee. The fourth year students have to conduct a mandatory research study and write the research report to qualify for the final year. The students are encouraged to publish their research studies and provided with the necessary guidance. Students of PMC, PDC and Rufaida Nursing College have presented their research work both at national and international forums. As a reward for contributing to research, the students and their supervisors are awarded incentives once their research is published in HEC-recognized journals.



Vision: To create leaders in health sciences research

Mission: To provide an enabling environment for creativity and excellence in all domains of health science research at undergraduate level, directed towards socio-economic well-being.

Since its inception, Peshawar Medical College organizes a national annual undergraduate medical research conference that has become an integral academic/co-curricular activity. Each year, the conference is centered on a particular theme of public health importance. The Undergraduate Medical Research Department has provided a platform where 1,573 undergraduate research projects have been presented so far. Besides presenting their research in the form of verbal or poster presentations, the participants from all over the country, have an opportunity to benefit from other educational activities including skills experts in the relevant field. A glimpse of these conferences.

S.No	UMR Conference	Theme
15	15th UMR Conference 2022	Keeping the research culture alive
14	14th UMR Conference 2021	Promoting Research among undergraduates
13	13th UMR Conference 2020	Promoting research culture
12	12th UMR Conference 2019	The Quest for the Truth
11	11th UMR Conference 2018	To create leaders in health sciences research
10	10th UMR Conference 2017	A decade of learning & innovation
9	9th UMR Conference 2016	Diabetes
8	8th UMR Conference 2015	Food Safety
7	7th UMR Conference 2014	Vector-Borne Disease, small creatures, big threat
6	6th UMR Conference 2013	Quality and Affordable Healthcare
5	5th UMR Conference 2012	The Art of Prescription Writing
4	4th UMR Conference 2011	Patient Satisfaction-Our Baseline
3	3rd UMR Conference 2009	Promoting research among undergraduates
2	2nd UMR Conference 2008	Promoting research among undergraduates
1	1st UMR Conference 2007	Promoting research among undergraduates

HOSTELS

Peshawar Medical College (PMC) & Peshawar Dental College (PDC) has separate hostel for Boys & Girls. The hostels have the facilities of library, 24/7 electricity with generator back-up, CCTV cameras, 24/7 security & indoor games for its residents. Since hostel spaces are limited, students offered admission to the college should apply for the hostel as early as possible. Students shall apply for a seat on the prescribed forms available with the student's affairs section. Seats are allotted by the Provost in accordance with the rules subjected to availability of accommodation. Allotment in PMC hostel is purely on merit.

The provision of hostel accommodation will not only serve as a nearby residence but the college aims to utilize this opportunity to:

- Provide a conducive environment for professional education of the residents.
- Help the residents to achieve the highest level of the ultimate vision "excellence in professional & ethical values" of the college.
- Enable the residents to have extended hours of learning.

HOSTEL RULES

1. Students seeking admission in the hostel have to apply to Provost on the forms available at college student's affairs section. The Provost on the basis of receipt date of the application, merit and list will allot seat to the student and that student will come under the "Rules & Regulation for PMC Hostels Management".
2. The Provost has the right to refuse/cancel admission in the hostel to student whose past record in the hostel is not satisfactory or any other reason he/she deems so.
3. The hostel authority reserves the right to take disciplinary action including cancellation of allotment of hostel accommodation, for violation of Hostel Rules. Steering committee/Hostel management committee will be the final authority for both rewards and punishment on case to case basis. In all cases including serious punishment one time appeal to the steering committee will be permissible.
4. Living in the hostel is not mere provision of a facilitated accommodation but in addition it's an active part of learning process.
5. The residents should respect mutual coexistence. They should be accommodative to others and abstain from abusive language. Barricading stair, corridors, gates & other areas of general use in the hostel(s) are against the hostel discipline and shall be dealt with strictly.
6. Every boarder will be provided with one bed, one wardrobe, one study table and chair by the college. All boarders shall be responsible for the furniture and fittings of the rooms provided to them. The rooms must be kept clean and tidy. It is the duty of each student to maintain high degree of cleanness in the hostel.
7. Students residing in the Hostel are not allowed to keep valuable item and extra cash in the hostel. Hostel(s) administration will not be responsible for any loss, damage or theft of any personal belongings of the residents.
8. All the residents of the boys hostel(s) shall be present in the hostel before "Maghrib" unless permitted in writing by Provost/deputy provost/ Warden. Female resident can not leave hostel at any time after college hours without permission by warden as per rules.
9. Visit/stay of opposite gender in the hostel is not allowed.
10. Hostel is an optional facility and shall be charged annually but rent will be calculated on occupancy basis with minimum of six months slot.
11. Mess charges will be deposited on monthly basis.
12. Pre-paid electricity facility can be availed on consumption basis.

FACILITIES

MASAJID

Both PMC and PDC campuses have their own spacious, purpose-built, well furnished and air-conditioned Masajid. The Masajid have separate congregational prayer zones for male and female Muslims.

TRANSPORT

The college has separate transport facilities for male and female students that provide pick and drop services within the city area on defined routes. Transport facility is also utilized for field visits, academic & excursion tours etc. Transport for day scholar is in optional facility and shall be charged annually but will be calculated on the basis of three months slot.

PARKING

Both the campuses (campus 1 & 2) as well as allied teaching hospitals of the college have parking facilities for the staff and visitors. With a view to effect social uniformity, students are not allowed to bring their vehicles in the college.

OTHER FACILITIES

CAFETERIA

College has cafeteria for male and female students. It offers quality food and refreshments at comparatively low rates.

BOOKSHOP

A book shop on PMC campus provides an easy access to staff & students to get medical literature including text book, stationery, clinical equipment etc. at subsidized rates.

PHOTOCOPYING SERVICES

Institution offers quality photocopying services at market rate to its students on campus for their assignments.

TELEPHONE FACILITY

Mobile Phones must be kept on silent mode during the college and hospital hours. However, in case of emergency during teaching hours, the students may avail telephone facility for making local or distant calls within the country to their parents/relatives after prior permission from the concerned teachers.

GUIDELINES FOR STUDENT CONDUCT

All students are advised to read these rules carefully, and abide by them all. Any violation of these rules will be tantamount to serious breach of discipline/order.

1. Students are required to follow college notifications, instructions issued by the Dean/Principal or by some other authority on their behalf.
2. Students are required to show decent and disciplined behavior in the classrooms. Students are forbidden to act in a manner which is unbecoming of a medical student inside the college /hostel/hospitals premises and outside.
3. Students are required to strictly observe college dress code.
4. The students must display their name cards while in the college premises or at the hospitals.
5. Students are required to observe punctuality on all notified events and in the classes.
6. Every students is required to attend at least 75% of lectures, lab practical/clinical rotations/tutorials etc. Repeated absence from lecture, classes, and demonstrations and from hospital ward will make a student liable to expulsion from the college.
7. Students are not allowed to leave the lecture hall, practical class or hospital ward without the permission of the teacher.
8. No student will be allowed to leave the premises of the college and hospitals during working hours without written permission.
9. No student will be allowed to take the exam unless he/she has cleared all the dues and produced NOC from related departments at the time of submission of examination forms.
10. No student will be enrolled the next class unless he/she has deposited the college fee and other dues for the class.
11. Security measure to handle chemicals, equipment, instruments or reagents are to be strictly observed.
12. For purpose of leave, the students must apply in writing and give reason for his/her request.
13. Students are prohibited from using foul language, physical jokes or fighting.
14. Shouting, sloganeering, making noises or singing on the college/hostel/hospital premises are contrary to the decent behavior and conduct, therefore are not allowed.

GUIDELINES FOR STUDENT CONDUCT

15. Political activities are strictly forbidden in the college and the hostels in any forum, associated with the college. The college Disciplinary Committee will strictly deal with such cases. The punishment may include expulsion from the college.
16. Students shall not be allowed to address a press conference, or write or communicate by other means to the press on any issues related to the college, hospital, university or government without prior approval by the college.
17. No person shall be invited to address a meeting or society in the college premises without prior written permission of the Principal/Dean.
18. Students are not allowed to bring the outsiders in the college/hospitals/hostels premises without prior permission of the Principal/Dean.
19. Every part of the college building and hostel premises shall be kept clean, i.e. walls, fixtures, classrooms, lab equipment, books, specimens, charts, etc. should not be tampered with, mutilated or damaged in any way or form. Perpetrators will face strict disciplinary actions.
20. No poster or banner shall be displayed in the college /hostel/hospital premises without the approval of the Principal/Dean.
21. Socially unacceptable activities (gambling/use of narcotics/possession of arms, etc) are forbidden.
22. All accidents, major or minor shall have to be reported immediately to the college authorities
23. If a student has any complaint, he/she has to submit it in writing to the Vice Principal who will forward it to the Principal/Dean of the college for necessary action (if required).
24. Student desirous of addressing the Dean/Principal by a letter must do so individually. Joint applications shall be considered as breach of discipline & will not be entertained.
25. Student who wishes to make a representation on any subject has the right of direct access to the Principal or Dean during college hours by prior appointment.

PMC & PDC UNIFORM

The following dress code shall be observed while on college premises, or in a teaching hospital.

SUMMER UNIFORM

Boys:

- White Shirt (with collar and a front pocket) and pants (Silver grey) or white shalwar-qameez (baggy pants/jeans are not allowed)
- Black leather shoes/Peshawari chappal and black/white socks)
- Joggers not allowed.
- Knee length white overall with full sleeves.

Girls:

- Grey shirt (knee length) with band collar, full sleeves and white shalwar.
- Plain black/plain white scarf (no fancy hijab)
- (Fancy hijab pins are allowed).
- Head scarf should cover all hair completely.
- Plain black shoes
- Fancy shoes or shoes with heels are not allowed
- Socks color: white/skin color
- Black bags
- Knee length white overall with full sleeves.

WINTER UNIFORM

(in addition to summer Uniform)

Boys:

- Navy blue blazer (Single breasted) along with pants (silver grey), plain grey V-shaped woolen sweater.

Girls:

- Students will wear black woolen sweater.
- Jackets/long coats are not allowed (both for male and female students)
- Only black color Abayas are allowed.
- Overall is to be worn on top of all clothing.
- Boys are not allowed to use any sort of hair accessories.

FEE STRUCTURE

Five Years Fee Structure for MBBS Session 2022-23

Particulars	1st Year	2nd Year	3rd Year	4th Year	Final Year	5 Years Fee
Admission Fee	30,000		-	-	-	30,000
College Annual Tuition Fee	1,500,000	1,612,500	1,733,500	1,863,500	2,003,500	8,713,000
Total	1,530,000	1,612,500	1,733,500	1,863,500	2,003,500	8,743,000

For Foreign Students

Particulars	1st Year	2nd Year	3rd Year	4th Year	Final Year	5 Years Fee
Admission Fee (PKR)	30,000	-	-	-	-	30,000
College Annual Tuition Fee (USD)	\$14,000	\$14,000	\$14,000	\$14,000	\$14,000	\$70,000
Note:						

College Annual Tuition Fee does not include University Annual Charges, University Annual Examination Charges and Physical examination, Govt Taxes, Pakistan Medical & Dental Council / Pakistan Medical Commission Charges or such other charges laid down by Govt of Pakistan and Pakistan Medical & Dental Council / Pakistan Medical Commission from time to time.

Charges Payable to Government, Pakistan Medical Commission and University subject to change by the concerned authority from time to time

University Annual Charges	40,000.00	
University Examination Annual Charges	60,000.00	
WHT as per FBR Rules as amended from time to time.		
Students Initial Registration Fee / Annual Charges of Pakistan Medical & Dental Council / Pakistan Medical Commission.		
Fee for Provisional License of Pakistan Medical & Dental Council / Pakistan Medical Commission.		
National Licensing Examination Charges of Pakistan Medical & Dental Council / Pakistan Medical Commission. (If any)		
Charges for Optional Facilities	Per Year	These charges will be increased upto 10% Annually
Transport	120,000	
Hostel (Without Food & Electricity Charges)	180,000	
Mess	As per Actual	

FEE STRUCTURE

Four Years Fee Structure for BDS Session 2022-23

Particulars	1st Year	2nd Year	3rd Year	Final Year	Total
Admission Fee	30,000		-	-	30,000
College Annual Tuition Fee	1,500,000	1,612,500	1,733,500	1,863,500	6,709,500
Total	1,530,000	1,612,500	1,733,500	1,863,500	6,739,500
For Foreign Students					
Particulars	1st Year	2nd Year	3rd Year	Final Year	Total
Admission Fee (PKR)	30,000	-	-	-	30,000
College Annual Tuition Fee (USD)	\$14,000	\$14,000	\$14,000	\$14,000	\$56,000
Note:					
College Annual Tuition Fee does not include University Annual Charges, University Examination payable to University and Physical examination, Govt Taxes, Pakistan Medical & Dental Council / Pakistan Medical Commission Charges or such other charges laid down by Govt of Pakistan and Pakistan Medical & Dental Council / Pakistan Medical Commission from time to time.					
Charges Payable to Government, Pakistan Medical Commission and University subject to change by the concerned authority from time to time					
Examination Charges	60,000.00				
University Annual Charges	40,000.00				
WHT as per FBR as amended from time to time.					
Students Initial Registration Fee / Annual Charges of Pakistan Medical & Dental Council / Pakistan Medical Commission.					
Fee for Provisional License of Pakistan Medical & Dental Council / Pakistan Medical Commission.					
National Licensing Examination Charges of Pakistan Medical & Dental Council / Pakistan Medical Commission. (If any)					
Fee for Provisional License of Pakistan Medical & Dental Council / Pakistan Medical Commission.					
National Licensing Examination Charges of Pakistan Medical & Dental Council / Pakistan Medical Commission. (If any)					
Charges for Optional Facilities		Per Year		These charges will be increased upto 10% Annually	
Transport		120,000			
Hostel (Without Food & Electricity Charges)		180,000			
Mess		As per Actual			



Educational Projects of
PRIME FOUNDATION



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